

Chanting the Three Refuges

* Basic Pronunciation

Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa (3x)

Buddham Saranam Gacchâmi.
Dhammam Saranam Gacchâmi.
Sangham Saranam Gacchâmi.
Dutiyampi Buddham Saranam Gacchâmi.
Dutiyampi Dhammam Saranam Gacchâmi.
Dutiyampi Sangham Saranam Gacchâmi.
Tatiyampi Buddham Saranam Gacchâmi.
Tatiyampi Dhammam Saranam Gacchâmi.
Tatiyampi Sangham Saranam Gacchâmi.

Translation:

Homage to the Triple Gems
Homage to Him, the Blessed One, the Exalted One, the Fully Enlightened One.

I go to the Buddha as my refuge.
I go to the Dhamma - The Teachings, as my Refuge.
I go to the Sangha - The Community, as my Refuge.
For the second time I go to the Buddha as my Refuge.
For the second time I go to the Dhamma - The Teachings, as my Refuge.
For the second time I go to the Sangha - The Community, as my Refuge.
For the third time I go to the Buddha as my Refuge.
For the third time I go to the Dhamma - The Teachings, as my Refuge.
For the third time I go to the Sangha - The Community, as my Refuge.